



# SAINTSATIONS™

2010  
Audition Packet

# SAINTSATIONS AUDITIONS!!

Thank you for your interest in auditioning for the Saintsations, the official cheerleading team for the NFL'S New Orleans Saints!

The Saintsations are one of the premier dance teams in the NFL. Incorporating high-energy routines with professionalism, this elite group has earned the reputation of being one of the most versatile and entertaining squads in the league. Their annual New Orleans Saintsations Swimsuit Calendar and the "behind-the-scenes" television show about the making of the calendar have catapulted the team into regional celebrities.

In addition to performing at NFL Saints home football games, the Saintsations have traveled to Iraq and Afghanistan to visit our troops, and to Mexico City and London to promote the NFL. They have appeared on the Dr. Phil show, 2006 Comic Relief Live Television Show and on National television commercials. They have also appeared in Sports Illustrated, Maxim magazine, FHM magazine, competed in the nationally televised NFL Cheerleading championship, appeared in events surrounding the NFL Super Bowl and competed against other NFL cheerleading teams at the Super Bowl Beach challenge. Additionally, the team supports community projects through the "Saintsations Inspiration Program." The primary focus of the 2009 program is to promote positive initiatives geared toward women and children.

In essence, this highly recognized and respected group of women serves as goodwill ambassadors for the NFL and the New Orleans Saints organization. Team members perform at many exciting events and make numerous personal appearances including modeling and public speaking throughout the world.

We are looking for dedicated young women who are physically fit, talented in dance/cheer, and are able to present themselves in a professional manner. Because the Saintsations are influential role models to the youth in our communities, we will select women that are committed to leading a healthy, productive lifestyle. Join us as we embark on an exhilarating season with the New Orleans Saints and the New Orleans Saintsations! The Saintsations will have a busy and exciting year! We look forward to seeing you at the preliminary auditions, and GOOD LUCK!

# New Orleans Saintsations

## General Audition Information:

**WHAT:** Audition Workshop #1 (Optional)  
**WHEN:** **Sunday, March 28, 2010 (2:00-4:00 noon)**  
**WHERE:** Tari's School of Dance  
9166 Perkins Road, Baton Rouge, LA

**OR**

**WHAT:** Audition Workshop #2 (Optional)  
**WHEN:** **Tuesday, March 30, 2010 (7:30pm-9:30pm)**  
**WHERE:** Franco's Athletic Club  
100 Bon Temps Roule , off of Hwy 22, Mandeville, LA

**WHAT:** Preliminary Auditions (Performing Audition)  
**WHEN:** Saturday, April 10, 2010 9:00am-til  
**WHERE:** New Orleans Saints Practice Facility  
5800 Airline Drive, Metairie, LA

**WHAT:** Semi Final Auditions (Interview) 6:30pm  
**WHEN:** Tuesday, April 13  
**WHERE:** Franco's Athletic Club, Mandeville, LA

**WHAT:** Training Camp, 6:30-9:45  
**WHEN:** Thursday, April 15  
**WHERE:** Franco's Athletic Club, Mandeville, LA

**FINAL TEAM ANNOUNCED April 16th 5:00pm-Results will be posted on-line.**

### **REQUIREMENTS:**

- Candidates must be at 18 years of age on or by the date of preliminary auditions.
- Proof of age is required (please bring certified copy of birth certificate OR a driver's license).
- Membership on the Saintsations team is for one (1) year. No preference is given to returning members. All returning Saintsations must re-audition annually.
- Please complete the Application Form, the Medical Release Form, and the Consent Form and bring with you to auditions.
- Those selected for the squad will be required to attend two rehearsals each week. These practices will be held every Tuesday and Thursday. Rehearsals will begin immediately. There will be a **mandatory training weekend for all team members.**
- N.F.L. cheerleaders do not attend away games, but are expected to perform at all home games at the Louisiana Superdome as well as any additional home pre-season or playoff games. Should the Saints play in the Super Bowl, the squad may make the trip. Travel out of New Orleans and appearances for corporate and charitable organizations are cast based on individual availability. All members of the Saintsations Team will need to provide their own transportation to all rehearsals and performances.

# NEW ORLEANS SAINTSATIIONS

## **AUDITION PROCESS DESCRIPTION:**

**ALL STEPS OF THE AUDITION PROCESS ARE CLOSED**

There are five steps to the audition process for membership on the New Orleans Saintsations Team.

### **STEP 1-Registration**

Applicants must first complete the audition registration packet which consists of the following forms: Registration, waiver and consent forms located at the bottom of this document by e-mailing these forms to us at [saintsations@gmail.com](mailto:saintsations@gmail.com) or bringing with them to the audition.

### **STEP 2-Audition Workshops**

Sunday, March 28th (2:00am-4:00pm) **OR** Tuesday, March 30<sup>th</sup> (7:30pm-9:30pm)

There are two work-shops schedule so you may choose your location. The same material will be taught at both locations. The purpose of the workshop is to better prepare participants for the audition process. Please note that attendance at this clinic is not required to audition and does not guarantee a position on the squad. However, a great deal of information will be shared as well as an improved understanding of what it takes to make the squad and what to look forward to if you do. You must be 18 years of age by the date of the workshop to attend. Please wear comfortable dance clothes with sneakers/dance shoes because you will also be learning a routine similar to that of the tryout routine. The cost of the workshop is \$50.00; however, if you attend the workshop, the \$40.00 Saintsations audition fee will be waived. Again, this workshop is optional.

### **STEP 3-Preliminaries**

**Saturday, April 10 – Saints Practice Facility,  
5800 Airline Drive, Metairie – 9:00 am -till**

There are three parts to preliminaries. First, applicants will be required to complete the registration process, which includes registration paperwork, photograph, introduction, personal information (height, weight, and measurements). There is a \$40.00 audition fee. Second, applicants will be evaluated on dance technique including kicks, leaps, turns.

Thirdly, a brief dance routine will be taught and performed in small groups before the judges. Eliminations will be made at the end of the day. Others will advance to the semi-finals.

**ATTIRE:** *Performers must wear a black solid two-piece ensemble (trunks or shorts only, no skirts or pants), flesh colored tights and dance shoes (jazz, character, ballet, etc.) Carmel's Dance Wear in Metairie is the official dance wear store of the Saintsations and is familiar with proper audition attire.*

**NOTE:** Only participants and audition staff will be allowed in the facility during the preliminary audition process.

#### **STEP 4-Semi-Final Auditions**

**Semi-Final Auditions: Tuesday, April 13**

**Franco's Athletic Club, Mandeville, Louisiana 6:30pm**

The semi-final auditions will be the interview portion of the audition process. Professional interviews will be conducted with each participant in 15 minutes intervals. Business leaders from throughout the greater New Orleans region will conduct the interviews. Following the interviews, a test covering the NFL will be administered to each participant. Business attire will be required for the interview phase of the audition process. Eliminations will be made after the semi-finals.

#### **STEP 5-Training Camp**

**Thursday, April 15**

**Franco's Athletic Club, Mandeville, Louisiana 6:30pm-9:45pm**

During the Training Camp portion of the audition process, participants will work with the director and choreographer in a more intimate environment. Participants will be taught another brief routine to perform in smaller groups before the judges. A black two-piece ensemble (trunks or hot shorts only, no skirts or pants), flesh colored tights and dance shoes should be worn.

Technical skills will be evaluated along with overall dance performance and speaking skills

The 2010 New Orleans Saints Saintsations Team Roster will be posted on April 16th!

# 2010 NEW ORLEANS SAINTSATIONS AUDITION WORKSHOP

## **Thank you for your interest in auditioning for the 2010 New Orleans Saintsations Squad!**

The New Orleans Saintsations will host optional audition workshops in two different locations. The same material will be taught at both workshops.

### **Workshop #1**

Tari's School of Dance  
9166 Perkins Road, Baton Rouge, LA  
Sunday, March 28th  
2:00pm – 4:00pm

### **Workshop #2**

Franco's Athletic Club  
100 Bon Temps Roule, Mandeville, LA  
Tuesday, March 30th  
7:30pm-9:30pm

The purpose of this workshop is to help participants become better prepared for the audition process. Please note that attendance at this clinic is not required to audition and does not guarantee a position on the squad. However, a great deal of information will be shared as well as an improved understanding of what it takes to make the squad and what to look forward to if you do!

This workshop is open to participants only. Guests will not be permitted inside the event facility. Upon your arrival, you will be required to sign a waiver prior to your participation in the workshop. After a brief registration process, a group warm-up will be conducted. Next, you will be taught dance combinations, which will be taught at a slightly slower pace than at try-outs. These combinations will be different from the routines you will learn at preliminary auditions; however they will familiarize you with the style and level of dance ability that is expected of squad members.

The next segment of the program will be a detailed discussion regarding the agenda for the audition days, judging criteria, proper attire, (what colors and cuts look best for the dance audition, resume and photo requirements, and most importantly, some tips on how to have an outstanding interview.

You will also be informed on what to expect should you be selected for the 2010 squad including information on rehearsals, personal appearances, photo shoots, game days, etc. The discussion will end with a question and answer segment.

For the workshop, you should wear dance attire and sneakers/dance shoes. Be sure to bring plenty to drink and a snack. Additionally, it is also important to bring a notebook and pen to take notes during the discussion segment. The most important material you'll take home with you will be practical and valuable information on the audition process.



## **SAINTSATIONS WORKSHOP INFORMATION**

### **WORKSHOP #1:**

**Sunday, March 28, 2010**  
2:00pm-4:00pm  
Tari's School of Dance  
9166 Perkins Road  
Baton Rouge, LA

### **WORKSHOP #2:**

**Tuesday, March 30, 2010**  
7:30pm-9:30pm  
Franco's Athletic Club  
100 Bon Temps Roule  
Mandeville, LA

**AGE:** Must be at least 18 years of age by the date of the workshop to participate

**WHAT TO WEAR:** A comfortable dance outfit with sneakers/dance shoes

**WHAT TO BRING:** A snack, water bottle and notebook and pen.  
Proof of age such as valid driver's license is required.

**COST:** \$50.00 per participant

**(Please note: the names of those participating in this audition workshop will be placed on a list at preliminary auditions and the \$40.00 audition registration fee required that day will be waived.)**

Check or money order made payable and mail to:

St. All-Star, LLC  
P.O. Box 1062  
Mandeville, LA 70470

Please ensure that your address and telephone number are reflected on your check. When received, it will serve as your confirmation, so there is no need to call in advance unless you have a specific question.

## REGISTRATION FORM

# 2010 NEW ORLEANS SAINTSATIONS AUDITION WORKSHOP

Although pre-registration is not required, it is suggested. You may register at the door. To pre-register for the audition workshop, complete the following and return with your workshop fee of \$50.00 (**check made payable to St. All Star, LLC**) to:

**New Orleans Saintsations**  
P O Box 1062  
Mandeville, LA 70470

Check ONE workshop:

- Workshop #1 - Sunday, March 28, Baton Rouge**  
 **Workshop #2 - Tuesday, March 30, Mandeville**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_

**WORK PHONE:** \_\_\_\_\_

**CELL PHONE:** \_\_\_\_\_

**E-MAIL ADDRESS:** \_\_\_\_\_

You should bring these completed forms with you to the workshop:

- 1) Saintsations Application
- 2) Medical Release Form
- 3) Consent Form

# 2010 SAINTSATION MEMBER APPLICATION

DATE \_\_\_\_\_

\*PLEASE ATTACH PHOTO  
TO TOP LEFT CORNER

NAME \_\_\_\_\_ DRIVERS LICENSE NUMBER \_\_\_\_\_

SOCIAL SECURITY NUMBER \_\_\_\_\_ AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HM. PHONE (\_\_\_\_) \_\_\_\_\_ WK. PHONE (\_\_\_\_) \_\_\_\_\_

CELL PHONE (\_\_\_\_) \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

DO YOU OWN A CAR OR HAVE TRANSPORTATION? YES \_\_\_\_\_ NO \_\_\_\_\_

REHEARSALS ARE ON TUESDAYS AND THURSDAYS. IS THIS A PROBLEM? YES \_\_\_ NO \_\_\_

IF YES, WHY? \_\_\_\_\_

DANCE/CHEER/GYMNASTICS EXPERIENCE (Please list all previous and current experience including choreography, positions held on past squads, etc.) Attach separate sheet if necessary.

\_\_\_\_\_  
\_\_\_\_\_

SPECIAL TALENTS, i.e. sing, play musical instrument, etc.

\_\_\_\_\_  
\_\_\_\_\_

HAVE YOU BEEN A MEMBER OF ANOTHER PROFESSIONAL CHEERLEADING TEAM? \_\_\_\_\_

IF YES, WHICH ONE? \_\_\_\_\_

HOW DID YOU HEAR ABOUT SAINTSATIONS AUDITIONS? (Check all that apply)

RADIO (which station?) \_\_\_\_\_ FLYER (where?) \_\_\_\_\_

NEWSPAPER (which one?) \_\_\_\_\_ DANCE STUDIO (which one?) \_\_\_\_\_

SAINTSATION CHEERLEADER \_\_\_\_\_ FRIEND \_\_\_\_\_

AUDITIONED BEFORE \_\_\_\_\_ SAINTS WEB SITE \_\_\_\_\_

PHONED SAINTS FOR INFO \_\_\_\_\_ OTHER (specify) \_\_\_\_\_

\*\*\*\*\*

HIGH SCHOOL ATTENDED \_\_\_\_\_ DIPLOMA? \_\_\_\_\_

HIGH SCHOOL DANCE TEAM? YES \_\_\_\_\_ NO \_\_\_\_\_

HIGH SCHOOL CHEERLEADING TEAM? YES \_\_\_\_\_ NO \_\_\_\_\_

OTHER: \_\_\_\_\_

DATES PARTICIPATED: \_\_\_\_\_

DIRECTOR/COACH NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

LIST HIGH SCHOOL HONORS, CLUBS ACTIVITIES (attach separate sheet if necessary)

\_\_\_\_\_

\*\*\*\*\*

COLLEGE OR UNIVERSITY ATTENDED/ATTENDING \_\_\_\_\_

COURSE OF STUDY \_\_\_\_\_

IF DEGREE RECEIVED, PLEASE LIST DEGREE \_\_\_\_\_

WERE YOU A MEMBER OF:

COLLEGE DANCE TEAM? YES \_\_\_\_\_ NO \_\_\_\_\_ COLLEGE CHEERLEADING TEAM? YES \_\_\_\_\_

NO \_\_\_\_\_

OTHER: \_\_\_\_\_ DATES

PARTICIPATED: \_\_\_\_\_

DIRECTOR/COACH NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

LIST COLLEGE HONORS, CLUBS, ACTIVITIES (attach separate sheet if necessary) \_\_\_\_\_

\_\_\_\_\_

LIST PREVIOUS AND CURRENT WORK EXPERIENCE:

EMPLOYER                      POSITION HELD                      DATES EMPLOYED                      REASON FOR LEAVING

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

LIST THREE REFERENCES AND THEIR PHONE NUMBERS. THESE REFERENCES WILL BE CONTACTED. NO family/friends. Business/Teacher/Professionals only please. (Please include any former or current Saintsations):

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

PLEASE ATTACH AT LEAST ONE LETTER OF RECOMMENDATION

I, \_\_\_\_\_, AUTHORIZE ST. ALL-STAR, LLC. TO CONDUCT A BACKGROUND SEARCH TO VERIFY THAT THE ABOVE INFORMATION IS CORRECT.

(Signature of Applicant) \_\_\_\_\_ (Date) \_\_\_\_\_

**\* ATTACH PAGE EXPLAINING WHY YOU WANT TO BE A MEMBER \***

SAINTSATIONS DANCE TEAM  
**RELEASE OF LIABILITY, WAIVER, COVENANT NOT TO SUE AND  
CONSENT TO RECEIVE ROUTINE AND EMERGENCY MEDICAL  
TREATMENT**

FUNCTION *Saintsation 2010 Auditions* DATE \_\_\_\_\_

This form must be completed by each participant and returned to St. All-Star, LLC before the applicant may attend or participate in the above captioned program/function. This form may be released to any third party in order that the applicant receives medical care in the event of illness or injury. This form must be completed in full and the consent form must be signed below. Please Print or Type.

NAME \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
SOCIAL SECURITY NO. \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PARENT/GUARDIAN/SPOUSE NAME \_\_\_\_\_  
PARENT/GUARDIAN/SPOUSE HOME PHONE  
(\_\_\_\_) \_\_\_\_\_  
WORK PHONE (\_\_\_\_) \_\_\_\_\_  
FAMILY PHYSICIAN NAME \_\_\_\_\_ OFFICE  
PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ EMERGENCY  
PHONE \_\_\_\_\_  
CITY \_\_\_\_\_  
STATE \_\_\_\_\_ ZIP \_\_\_\_\_ HOSPITAL \_\_\_\_\_

1. Date of last Tetanus Immunization or booster shot \_\_\_\_\_
2. Name of any medical condition for which participant is being treated at the present time \_\_\_\_\_
3. List all medications he or she is currently taking \_\_\_\_\_
4. List all medications participant is allergic to \_\_\_\_\_
5. List any restrictions of physical activity that apply to participant \_\_\_\_\_
6. Please detail any other medical information that you feel is important for the safety of participant \_\_\_\_\_

In consideration of St. All-Star, LLC (AS) the New Orleans Louisiana Saints, and the National Football League (NFL) allowing persons to participate in the above captioned activity, participant consents to and/or agrees to the following:

1. I do hereby, for my child, myself and any or either of our heirs, administrators, executors, guardians, representatives, next of kin, forever WAIVE, RELEASE, DISCHARGE AND COVENANT NOT TO SUE St. All-Star, LLC, the New Orleans

Louisiana Saints, Tari's School of Dance, Franco's Athletic Club and the National Football League and/or their respective representatives, officers, directors, employees, agents, successors, assigns, medical personnel and invitees (Releases) for any and all damage and any claim therefore on account of injury to the person or property or resulting in death, whether caused by the negligence of Releases or others, while I am in any way engaged in or associated with activities and events organized or sponsored by St. All-Star, LLC or the NFL or connected with the above captioned activity. I further agree to indemnify, defend, and hold harmless "Releases" from damages arising from my participation or association with activities and events organized or sponsored by Releases.

**2. MEDICAL TREATMENT CONSENT:** I attest and verify that I am free from all illnesses, injuries or defects and is physically fit and sufficiently trained to participate in all activities associated with the program or event noted above. My participation in activities and events organized or sponsored by St. All-Star, LLC or the NFL is voluntary. I consent to administration of first aid and other medical treatment to my self in the event of injury or illness and release and indemnify Releases from any and all liability or claims arising out of such treatment.

**3.** I hereby in perpetuity grant full permission to Releases, as described above, to use any photographs, videotapes, motion pictures, recordings or any other record of activities of the above named program or event for any legitimate purpose. All photographs, resumes or other submissions taken by or given to AS shall be property of AS.

**4.** I understand the Release and Consent form as detailed in the Audition Packet. I agree with its principles and application. I fully support St. All-Star, LLC in the implementation of these policies and will reimburse AS for any costs incurred by AS in implementing these policies on my behalf.

**5.** AS cannot and shall not be responsible and/or liable for cancellation or any failure to provide services in connection therewith, if such failure is caused by Acts of God, including without limitation, the following: (i) restrictions upon travel, food, beverages, or supplies; (ii) travel delays; (iii) labor problems; and/or (iv) any other cause of whatever kind or nature which is beyond the control of St. All-Star, LLC. The undersigned specifically agrees to hold harmless the Releases including AS for any liability resulting from actions taken or failed to be taken by the undersigned before, during, or after the event.

I hereby state that I am authorized to make this decision. I agree to indemnify, defend and hold harmless Releases, as described above, from any loss, liability, cost, claim or damages whatsoever that may be imposed upon said Releases because of any defect or lack of such authority to take the actions described herein on behalf of the undersigned participant. I have read and understand all of the above and voluntarily sign this document and further agree that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

PARTICIPANT'S SIGNATURE \_\_\_\_\_

DATE SIGNED \_\_\_\_\_

**\*\*BRING COMPLETED FORMS TO PRELIMINARY AUDITIONS\*\***

# SAINTSATION RELEASE AND CONSENT FORM

The undersigned, individually and on behalf of all parties acting on her behalf (together, the "Participant"), hereby releases, indemnifies and holds harmless St. All-Star, LLC, the New Orleans Louisiana Saints, the National Football League, Tari's School of Dance, Franco's Athletic Club and the officers, directors, owners, partners, members, employees, agents and affiliates of any of the above-named entities or their affiliates, and the sponsors, promoters and all other persons or entities associated with the 2010 Saintsations Auditions to be held March 28, 2010 – April 16, 2010, and any subsequent audition for the 2010 squad, from and against any and all claims, liabilities, damages, demands, costs and expenses (including, without limitation, liability for personal injury, death, and property damages) which may be suffered or which may arise or which may be in any way connected with the New Orleans Saintsations auditions.

The Participant understands that the auditions involve a significant degree of physical activity. The Participant certifies that she is in good physical health and condition and is free from injury or disability which might impair her ability to participate without limitation in the dance auditions or as a Saintsations during the 2010 N.F.L. season.

The Participant certifies that she is at least eighteen years of age and that all information provided by the Participant on this audition form is true, correct and complete in all material respects. The Participant hereby authorizes St. All-Star, LLC to investigate and confirm with third parties the correctness of any information provided by the Participant.

The Participant hereby consents to the use of her likeness, name and voice by St. All-Star, LLC, the New Orleans Louisiana Saints and the Saintsations in connection with their informational, promotional and marketing activities, including, but not limited to, use in or on photographs, electronic video and web based data and audio recordings or on the Saintsations web site, without compensation to the Participant.

The Participant hereby confirms that she has read and has voluntarily signed this Release and Consent in consideration of the right to audition for the 2010 New Orleans Saintsations, and that she fully understands its provisions.

**Participant's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Witness' Signature:** \_\_\_\_\_

**Witness' Name (printed):** \_\_\_\_\_

**SIGNATURES MUST BE IN BLUE INK.  
\*\*\*BRING COMPLETED FORMS TO WORKSHOP\*\*\***



## **Frequently asked questions**

### ***Is there an age limit?***

You must be 18 by the audition date. You must present a valid Driver's License.

### ***What do the judges look for at auditions?***

We are looking for dedicated young women who are physically fit, talented in dance / cheer, lead a healthy, productive lifestyle, and are able to present themselves in a professional manner. You will be judged on appearance, dance ability, fitness, and interview skills.

### ***Does my headshot need to be professionally taken?***

The headshot is simply used to identify you at auditions. It will not be returned, so a recent snapshot will be fine. It is not necessary to have a professional photo taken.

### ***How should I fix my hair and makeup?***

Judges will see you close up at auditions. Hair and make-up should be "performance" ready. You should wear more makeup than on a normal day, but not too heavy. Hair can be worn in any style, as long as it doesn't interfere with your performances.

### ***Are there any height or weight requirements?***

We do not have specific height or weight requirements. However, you must be physically fit. Being a Saintsation requires a high level of athleticism.

### ***What can I do to prepare for auditions?***

Beginning now, you should brush up on dance and technique skills. Being physically fit is part of being a Saintsation; you should maintain a healthy lifestyle. We suggest working out with a trainer and enroll in a dance studio to understand terminology and required skills.

The Audition Workshops are a great way to fully understand the audition process. You will learn requirements for being a member, opportunities that come along with the team, as well as part of the audition routine. Technical skills that may be incorporated into other choreography will also be reviewed.

***What should I bring to auditions?***

You should bring your completed application, headshot, resume', and essay, along with the registration fee. Your attire should flatter your figure and meet our guidelines. You must wear a two-piece black outfit (brief or hot short bottoms). You may bring snacks and drinks since you will be at Preliminary auditions for a majority of the day. Tan jazz shoes should be worn. (You will NOT allowed to perform barefoot) Personal items such as curling irons and make-up are also suggested.

***Are auditions open to the public?***

No. Every segment of auditions is closed to outside guests.

***When and where do the Saintsations rehearse?***

Practices begin immediately after tryouts conclude. The team practices from 7-10 pm on Tuesdays and Thursdays. Field rehearsals on game days begin as early as 8 am. Rehearsals rotate at locations in Mandeville, Baton Rouge, Metairie and New Orleans.

***Does the team travel to away football games?***

Saintsations do not travel with the Saints to regular season or playoff away games. There are other travel opportunities during the year that may be mandatory.

***Do I need to bring a prepared routine to auditions?***

No, you do NOT need to prepare a routine for auditions. You will be taught the routines as part of the audition process.